

Czy zabiegi endoskopowe stanowią przyszłość chirurgii szyi?

Is endoscopic neck surgery the future direction in neck treatment?

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Summary

The aim of the paper is to present the minimally invasive endoscopic video-assisted surgery for the neck on the basis of current literature. The different techniques include pure endoscopic procedures, open video-assisted approach and mini-access. The preliminary material constitute of three patients who undergone endoscopic sentinel lymph node biopsy and one with colli lipoma. The authors describe the operating technique, instrumentation, indications, contraindications and advantages of this method. The endoscopic surgery offered a valuable approach for chosen lesions of the neck (solitary parathyroid adenoma, thyroid nodules less then 35 mm, submandibular gland sialolithiasis or tumors). The advantages include lower pain intensity within first hours following surgery, lower analgesia request rate, shorter scar length, higher early cosmetic satisfaction.