

# Subiektywna ocena czynności głosowej u nauczycieli uczestniczących w programie rehabilitacyjnym

Subjective assessment of voice functions among teachers taking part in the rehabilitation program

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## Summary

**Introduction:** In daily phoniatic practice, apart from laryngoscopy, another simple and useful method of examining the voice organ is perceptual voice assessment based on the GRBAS scale. An extension to this examination can be the Voice Handicap Index test (VHI). **Materials and methods:** 79 female teachers taking part in a 7-week-long rehabilitation course on voice emission techniques. Before and after the course the participants were subject to phoniatic examination including laryngovideostroboscopy, GRBAS scale assessment and determining the voice handicap index (VHI). **Results:** After the course, a substantial improvement has been observed in voice emission, perceptual assessment and the VHI test. It has been observed that there is a statistically significant correlation between GRBAS and VHI results and mean phonation time (MPT) measured before and after the course. **Conclusions:** The VHI test should be included in complex analysis of the effects of intensive rehabilitation.