
Znaczenie postępowania pooperacyjnego w operacjach czynnościowych nosa i zatok przynosowych

The importance of postoperative care after functional endoscopic sinus surgery

Daniela Mielcarek-Kuchta, Małgorzata Leszczyńska, Witold Szyfter, Romuald Wielgosz, Tomasz Pastusiak

Introduction. In this work we wish to emphasize the importance of postoperative care of patients who underwent FESS in ENT Department Medical University in Poznań. We feel that too little attention is still being paid to this treatment as we mostly focus on surgery. Material and methods. Our observations are based on nine year experience in functional endoscopic sinus surgery. The analysis covers patients hospitalized in our Department from January 1998 to August 2007. The schedule of postoperative care has been presented. Results. 1463 FESS operations were carried out in our Department from January 1998 to August 2007. Similar postoperative procedures were used with each patient. Full recovery of mucous membrane depended on a few parameters such as: if the patient underwent FESS for the first time, what kind of changes were observed: polyps or chronic infection, as well as the method of surgery ("aggressive" versus "delicate"). Healing time ranged from 6 weeks to 3 months. Conclusions. The scheme of procedures employed comes useful in postoperative treatment after FESS. **H a s ł o i n d e k s o w e:** postępowanie pooperacyjne, chirurgia FESS (endoskopowa) **Key words:** postoperative care, FESS surgery