

# **Szumy uszne u osób młodych do 35 roku życia**

Tinnitus in young patients up to 35-years old

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## **Summary**

According to our observations tinnitus is becoming increasingly common amongst younger persons. About 25% of patients registered in our Tinnitus Clinic, are below the age of 35. Group of 235 tinnitus patients ranging in age from 18 to 35 years old were evaluated for this study. There were no other pre-selection criteria except the age. All of the patients answered the questions concerned with the cause of tinnitus. The results of our research indicate that infections (68.5%), noise exposure (27.7%) and stress (23.4%) are the most frequent cause of tinnitus among patients below 35 years.