

Wpływ wykonywanego zawodu na samoocenę zaburzeń głosu

Influence executed of occupation on self-evaluation disorders of voice

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Summary

Introduction. Loud speech is essential element everyday lives of man. Aim of researches was comparison of self-evaluation existing disorders of voice about averages degree intensifications at ill executing different jobs. **Material and methods.** With research one embraced 60 of persons with similar disturbances of voice caused vocal folds hypertrophy changes. In first group was 30 of persons working with voice, whereas second group embraced 30 ill workers in factories on positions immediately connected with production this institution. Estimations of influence of disorders of voice on quality of life ill one executed by means of self-evaluation polish test. **Results and conclusions.** Detailed analysis of tests showed, that exist significant differences among groups in estimation both qualitative as and quantitative. Hoarseness about averages degree intensifications at persons, of which occupation will demand usages of voice in estimation ill has indeed negative influence on their family life, professional and sociable. Patients, of which occupation will not demand in work of voice in spite of bad self-evaluation physical frame of mind did not feel of significantly negative influence of hoarseness on their functional and emotional frame of mind. Part from them noticed worse understanding their speeches in rooms, in of which reigns noise. Is this probably connected with specificity of place of work, and also with heedless articulation and with lack to known of bases of correct emission of voice. Lack of essential influence of disorders of voice on existence examined ill causes unfortunately too often behind time proper treatments, what can have dangerous for their lives of result, if reason talked over dysfunction is neoplasm of larynx. Above-mentioned conclusions are following evidence indicating on necessity of realizing reliable and of exact preventive researches in places of employment, and thanks ago early to detect and efficiently to treat even neoplastic diseases.